



CAD is delivering a six session Family Focus Alcohol & Drug Awareness programme in your community



According to past participants
"Every concerned person should do this course!"

Bring a friend

If you're not talking to your loved one about alcohol & drugs - who is?

Starts:

Wednesday evenings from
13th September, 2017

7.30-9.30pm

Six Sessions

Venue:

Birchgrove
Community Centre
Birchgrove,
Portlaoise,
Co. Laois.

Please contact:

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Here's what families say:

- " Enjoyed participating in the programme. Very informative delivery and learned a lot from others sharing their experiences. We are now aware of where help is available if it is needed "
- " Excellent course. Very informative, really like the format – scenarios and sharing of information in a nice and relaxed environment.

6 steps to help keep people safe from alcohol and drugs.

- Get new information
- Learn new skills
- Use practical solutions
- Talk to other parents and CAD tutors
- Communicate how to make healthy choices

This programme is sponsored by...



Community Awareness
of Drugs

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Drug Prevention Through Education Since 1983